GROSSMONT UNION HIGH SCHOOL DISTRICT

CPR/FIRST AID TRAINING

NOVEMBER 2012

THURSDAY THE 1ST

-OR- SATURDAY THE 3RD

8:00AM - 12:30PM

PROFESSIONAL DEVELOPMENT CLASSROOM

301 NORTH MOLLISON, EL CAJON, CA 92021

This in-service training is available to all athletic coaches (school or walk-on), cheer advisers, and P.E. teachers and, once completed, certification remains in effect for **two** years. (Please note those "on the pool deck" who require lifeguard training must take an alternate course entitled "CPR/1st Aid for the Professional" and should contact the Aquatics Office at 644-8181 or log onto their website at http://www.guhsd.net/index.php/lifeguard-training.)

The District will assume the expense for participants who sign-up and attend this training. Individuals who sign-up for this program must write a check payable to the Grossmont Union High School District for **$45.00** for full certification (recertification is no longer offered). **For those who attend the training, their checks will be returned to them or destroyed. For those who sign-up but do not attend, their checks will be deposited by the District. This procedure is needed to insure that fixed workshop costs are covered for the CPR/First Aid provider.**

It is important that you contact your school site **Athletic VP Secretary** as soon as possible to reserve a place in the class. (The school site will register participants with the Extended Curricular Programs office once deposit checks have been received.)

All participants need to be aware of the following:

- your name will be added to the sign-up list only after you write a check for $45.00 and give it to the Athletic VP Secretary
- you should **wear long pants to prevent knee abrasions or bring knee pads**
- you should bring an ink pen

BREAKFAST AND LUNCH WILL BE ON YOUR OWN

If you have any questions, please contact Mary Price, Extended Curricular Programs, 644-8017.

Routing: Athletic VP Secretary
Athletic VP
P.E. Dept Chair

PLEASE NOTE: The State of California no longer recognizes recertification . . . you must take the full class in order to receive your two-year card. The District does not recognize on-line certification card.